

September - December 2011



Callistemon 'Mary MacKillop'

“There is an echo in the harmonies of nature which penetrates the soul, and lures it on like the sound of distant music, until it has no eye or ear for aught except the works of its Creator”

- J T Woods -

DATES	TITLE	TIMES	INFORMATION – Term 2 2011	COST	RSVP
Beginning Sept 13 and Oct 25	Tai Chi 2 courses of 6 weeks each	11am - 12 noon Tues	A gentle and reflective form of exercise, with health benefits, in a friendly atmosphere. These two courses of 6 weeks each, will be of interest to those beginning the practice of Tai Chi as well as those who are experienced in previous Tai Chi forms. Presenter: Jim Burgess	\$50 Each course	Sept 6 & Oct 21
Sept 15	Spirituality over Supper	7 - 9pm Thurs	Dr Gemma Simmonds cj, is our international guest. Let us enjoy conversation over supper with Gemma as she helps us explore the spirituality of our daily lives through the topic: Friends in the Lord. Supper provided	\$20	Sept 8
Sept 17-18	Labyrinth Weekend	9.30am - 3pm Sat & Sun	A journey into clarity while walking the sacred path. Experience the labyrinth as a metaphor for life with surprises around every turn. Further connect with your intuition during a Mandala Workshop and a Yoga Nidra session. Presenter: Kerryal Willis BYO lunches	\$85	Sept 9
Sept 21 & 28	The Cosmos and Me!	9.30 - 11am or 7.30-9pm Wed	You are invited to a time of prayerful reflection glimpsing the wonder and beauty of the cosmos. How does God invite you to be part of this ongoing creative story? Presenter: Jenny Scally rsj	Dona- tion	Sept 14
Sept 23 & 30	Candle Making	11am - 3pm Fri	Bring along an apron and your packed lunch to enjoy these two days of candle making. Presenters: Srs Virgil Virtue and Jenny Scally BYO lunch	Dona- tion	Sept 16
Sept 24 & 25	Enneagram 1 - A Journey of Discovery: Who am I? Who are you?	9.30am - 3pm, Sat & Sun	An introduction to the process of learning to know ourselves and to understand others by exploring the different views of reality - the strengths and the compulsions of each; a Christian approach to integrating the spiritual and psychological aspects of our lives; an exciting journey which helps us tap into our own wisdom, thus enabling us to live more freely and richly. Presenters: Trish Dance sj and Team BYO lunches	\$65	Sept 16
Oct 3, 10, 17, & 24	Mandala Workshops	10.30am - 3pm Mon	The mandala (circle) can be seen as a representation of the unconscious self. These workshops invite you to play, explore and heal as you create colourful mandalas. No artistic talent is required. All materials provided. Places are limited. Presenter: Kate Cliff BYO lunch	\$160	Sept 26
Oct 13	The Sacred at the Heart of all Creation	9.00am - 12 noon Thurs	‘All created things give us ideas and glimpses of the beauty of the infinitely beautiful Creator’ - J T Woods. Discover something of this beauty as you wander reflectively allowing God to speak to you at Lilydale Falls Presenter: Carmel Drew rsj Gather at the Centre at 9am.	Dona- tion	Oct 6
Oct 19 & 26 & Nov 2	She Who Believed	9.30 - 11am Wed	Marie T Farrell’s book: <i>She Who Believed - Australian Images of Mary</i> , invites us to a fresh way of preparing for Advent and deepening its meaning for us today. Presenter: Carmel Drew rsj	Dona- tion	Oct 12
Oct 25	Card Making	10am - 2pm Tues	Come along and enjoy learning how to create your own cards. Materials will be provided. BYO lunch Presenters: Jenny Scally rsj and Helen Ainsworth	\$10	Oct 15
Oct 26	Spirituality at the Table	6.00 - 9pm Wed	Come and join us for a meal as we welcome Ven Lama Tsewang from the Tibetan Buddhist Monastery as our guest speaker as he opens conversation around “Sharing the Same Wisdom”	\$22	Oct 21
Oct 29	Faith in the Future	9am - 12.30pm Sat	Margaret Silf , an author of note, and Spiritual Director from St Beuno’s, Wales, invites us to explore with her, Faith in the Future.	\$25	Oct 22
Dec 4	Closing BBQ and Liturgy	5.30pm Sun	Please join us for prayer and fellowship in thanks for the year just completed, and begin to look towards a new year. <i>A salad or dessert to share would be appreciated</i>		Nov 29

EMMANUEL ... God is with us!

The Centre, close to Launceston's CBD, is operated under the auspices of the Sisters of St. Joseph.

It welcomes enquiries from people from the various Christian traditions and other faiths.

The Emmanuel Centre is dependent upon the financial contributions of those who attend the Centre. Where a set cost has been made, we make every effort to keep it as low as possible. It is our policy that no one be excluded from any of our activities due to cost. We are happy to accept an affordable donation.

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Retreats

"Come aside and rest awhile"

Carmelite Weekend Retreat
Friday 7th - Sunday 9th Oct 2011
Retreat Director
Fr Bernard Hancock ocd
Carmelite Frier based in Sydney

Spend a quiet reflective weekend in the company of St Teresa of Jesus, Mystic and Doctor of the Church as we look at how we can deepen our relationship with God through our prayer life

Cost \$150
Bookings to Sandra Walking OCDS
Phone 6331 4991

Six Day Retreats

January 13 - 20 2012:
Six-day Retreat

This time of Retreat offers an opportunity for days of silence, evening liturgy, and daily individual Spiritual Direction
RSVP 7th December 2011
Cost: \$450

September 9 - 16 2012:
Six-day Retreat

This time of Retreat in spring offers an opportunity for days of silence, evening liturgy, and daily individual Spiritual Direction

Cost: \$450

OPPORTUNITIES OFFERED FROM THE RICHNESS OF THE CHRISTIAN TRADITION INCLUDE:

- *Retreats—group & private*
- *Spiritual Direction— individual & group*
- *Pastoral Supervision*
- *Prayer & Reflection Days*
- *Special Celebrations*
- *Spiritual & Pastoral Formation*

REGULAR FEATURES AT EMMANUEL INCLUDE:

Christian Meditation: Tues. 5:30pm; Thurs. 11:30am

Prayer of the Church: Wed. 8:30am

Men's Group: Last Thurs. of the month - 7:30pm

Labyrinth Walk: Last Sun. of the month - 3:00pm

Circle of Trust - caring for carers:

Last Mon. of the month - 10.30am

WITH THE SISTERS OF ST. JOSEPH

WE OFFER:

- *Conference facilities*
- *Prayer rooms*
- *Peaceful leafy gardens*
- *Labyrinth set in a native garden*
- *Homely accommodation*
single, double or twin
- *Resource Library*